

The Centre of Disability Related Information and Assistive Technology

The Centre of Disability Related Information and Assistive Technology finds solutions to everyday problems caused by limited capacity or environment by providing advice on technical aid selection and environmental adaptation. The service is provided all over Estonia and is financed by the European Social Fund.

European Quality Assurance in Social Services (EQUASS Assurance)

EQUASS Assurance is a European certification program for quality assurance and quality control in social services. Astangu Vocational Rehabilitation Centre is the Local Licence Holder of EQUASS Assurance and provides support in implementing a quality system to other social service providers in Estonia.

International Cooperation

Collaborating with the European Platform for Rehabilitation, Astangu has successfully maintained a multi-year relationship with many vocational rehabilitation centres in Europe, working together in different projects. Solid partnership relations and the support of the Lifelong Learning Programme and Erasmus+ programme have allowed many of our specialists to participate in mobility and development projects, and our students to do internships abroad.

Awards

Astangu has been awarded with **EQUASS Assurance** quality certificate in 2011 and 2013

Estonian Association for Quality - **Performance of the Year 2011** (Awarded for introducing The Quality Assurance in Social Services (EQUASS Assurance) in Estonia)

European Platform for Rehabilitation - **Innovation Prize 2013** (Awarded for designing and carrying out an innovative Employers' Training Day Programme - first of its kind in Europe)



Our Mission

We create opportunities for people with disabilities to develop their skills and work ability, and we support these people when they enter working life.

Our Vision

We are a leading centre in the field of social and vocational rehabilitation, supporting people with disabilities in their self-actualization.



ASTANGU

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Self-Improvement with Flexible Conditions

VOCATIONAL TRAINING • REHABILITATION •
EMPLOYMENT SUPPORT • ENVIRONMENT
ADAPTATION KNOW-HOW • SOCIAL SECTOR
DEVELOPMENTS



ASTANGU

Astangu
Vocational
Rehabilitation Centre

About Us

The Astangu Vocational Rehabilitation Centre is a unique centre in Estonia, providing rehabilitation services and vocational training programmes to working-age people with disabilities, developing the field of rehabilitation in Estonia and sharing competences with other service providers.

Programmes

Prevocational Training Programmes

Prevocational training programmes offer our clients the opportunity to develop their social and practical skills necessary for coping with everyday life. These programmes help clients to develop a learning readiness for vocational training and to choose a career.

Vocational Training Programmes

Cleaning and Home Maintenance • Bakery • Carpentry • Cook's Assistant • Software Development • Accounting

The objective of vocational training is to help our clients gain work skills according to their capabilities in their chosen studies, develop their social coping skills and to prepare themselves for competing in the labour market.

Traumatic Brain Injury Programme

The objective of the programme is to support the client's return to active life by helping them adjust to a health condition caused by brain injury. The course develops and supports self-awareness, coping with everyday activities, physical conditioning, social skills and the achievement of personal goals.

Sheltered Workshops

Sheltered workshops in Astangu are designed for people who are experiencing difficulties in finding or keeping a job, with the aim of helping them obtain work skills and develop their work habit.

In the workshops, clients have the chance to do work assignments according to their abilities, with their special needs considered.

Supportive rehabilitation

Psychologist • Special education teacher • Speech therapist • Physiotherapist • Social worker • Occupational therapist • Music therapist • Employment specialist

Our rehabilitation team supports all clients as the clients are developing their capacity for work, activities and are improving their independent coping. The main areas of work are:

- assessment of work ability and the need for rehabilitation
- supportive rehabilitation for clients
- state rehabilitation services for external clients (people of working age with disabilities)

Employment Support

Astangu helps people with disabilities to prepare for work, search for suitable jobs and to adjust with their jobs. The main activities of our employment specialists are:

- helping clients to prepare for work through career-guidance classes, individual counselling and company visits

- supporting students in finding traineeship places and providing continued support throughout the traineeship
- supporting graduates and alumni in finding jobs and in their work process
- cooperating with employers, raising their awareness of employing people with disabilities through various training events

Environment

People with physical disabilities can cope independently throughout the whole centre. The good level of care at our dormitory also enables people with high support needs to participate in our programs. Throughout their studies, students can:

- use accommodation services at students' home
- take part in hobby groups and various events
- use the gym, an accessible swimming pool and saunas

Astangu as a Competence Centre

- Involvement in the work of Ministry of Social Affairs
- National and international development projects
- Participation in work groups and round tables
- Trainings and information days for specialists
- Internship opportunities